

# The Anchorage Care Home Monthly Newsletter



Coombelands Lane, Pulborough, West Sussex RH20 1AG

Our boutique luxury home delivering individual care for our residents



## Community Sports Day at The Anchorage – Featuring Billingshurst Fire Crew

It's been a busy and exciting time here, filled with fantastic visitors who've kept us thoroughly entertained. TreeAnna, the Sandgate Singers, and Russell with his bongos, to name just a few. With the beautiful weather, we've made the most of our gardens, and it's been heart warming to see new friendships blossom along the way.

We had a fantastic Sports Day at The Anchorage, filled with fun, laughter, and community spirit. Highlights included sack races, egg and spoon challenges, and games with the amazing Billingshurst Fire Station team, plus a visit from Abbie from Business Bees and her son. With tasty treats and brilliant organisation by Daisy and our Lifestyle Team, it was a joyful day of connection and shared memories.





# Gardening Club

The Gardening Club at The Anchorage has been busy bringing new life to our outdoor spaces. After a fun trip to the local garden centre, residents have started planning and planting for a brighter, flower-filled future. Recently, they collected seeds from this year's beautiful hollyhocks a hands-on activity that was both fun and meaningful. With the club growing and plans blooming, we can't wait to see next year's wild garden come to life.



Our dining room came alive with Greek music and stunning landscapes displayed on the Lifesize touch table, setting the scene for a delicious, themed lunch. Residents enjoyed lamb moussaka, a tasty vegetarian option, and a sweet dessert of apples, cinnamon, and Greek yogurt with honey. A big thank you to our amazing chefs for creating such an authentic and flavourful celebration opa!



To book a viewing 01277 886 299 [Alice@premiumcaregroup.co.uk](mailto:Alice@premiumcaregroup.co.uk)