

The Anchorage Care Home Monthly Newsletter



Coombelands Lane, Pulborough, West Sussex RH20 1AG

Our boutique luxury home delivering individual care for our residents



Pulborough School Pupils Join us for Time Capsule Event 🌟

Pupils from St Mary's C of E Primary School, Pulborough, visited The Anchorage Care Home for a heart-warming Time Capsule event. Children and residents shared stories about their lives, hobbies, and favourite memories, which were placed in a Time Capsule alongside items like a national newspaper, local newsletters, photographs, and a handcrafted cross.

Under the autumn sunshine, pupils read their stories aloud as residents shared theirs, highlighting the joy of intergenerational connections. The Time Capsule was buried with a letter to the "Future Finder," sparking curiosity for years to come.

Mrs Copus, Head Teacher at St Mary's, said it was "fantastic to have such a strong link with The Anchorage," while Kate from the care home described it as "a moment to remember, celebrating the connection between the children, residents, and wider community."

A special day creating memories to last a lifetime.



Community Engagement

Kate was hugely honoured to visit St Mary's School to be a part of the Eucharist service with Father Paul and Mr Holloway from St Mary's Church in Pulborough. The Anchorage has been collecting a beautiful harvest hamper for the FSW (Family Support Work) Charity..

Hydration Heroes in Sussex Awards

We're thrilled to announce that we were runner-up in the Sussex Care Homes Hydration Awareness Competition.

A special highlight: children from St Mary's School visited with their competition posters. "Just amazing, the icing on the cake," said one resident. Our team also promoted hydration in the community, handing out decorated water bottles and sparking conversations about staying healthy.

Paula, Care Home Manager:

"We are so proud to be recognised and to bring our residents, staff, children, and community together to celebrate hydration. The award was presented by Isobel Warren, Rachel Edwards, and Sea Sharp from NHS Sussex and East Sussex County Council.



Exciting News from The Anchorage Gardening Club

As part of our club's mission to bring more beauty and nature to our community, we decided to transform this patch of land into a vibrant wildflower bed. Here are our amazing garden heroes who are making this vision a reality. Your hard work and dedication will bloom into something truly spectacular. We can't wait to see the wildflower bed in full bloom in 2026, it's going to be breathtaking.

Matthew Quilliam
and his Ukelele
and afternoon tea!

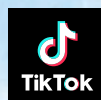
Thursday 30th
October
14:30 - 15:30



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